

Recommended Campus Organizations/Clubs

College LIFE

We recommend these organizations to neurodivergent students based on accessibility, enjoyability, and relevant self-care (e.g. mental health awareness)

Follow the link below to explore the entirety of UMD's student-led campus organizations!

<https://terplink.umd.edu/organizations>

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Faculty-Run Organizations

Social Interaction Group Network for ALL (SIGNA)

- WEBSITE LINK: <http://signa.umd.edu/>
- SIGNA is a support and skills-training organization focused on developing students' **social communication, executive functioning, and self-advocacy** skills
- Peer coaches and mentors help to guide neurodiverse students through the college experience

Students Understanding College Choices Encouraging and Executing Decisions for Success (SUCCEEDS)

- WEBSITE LINK: <https://umdadhd.org/succeeds>
- SUCCEEDS is an ADHD-focused support program aimed at helping students with ADHD manage their time, improve grades, and identify life goals
- Weekly group sessions and study hall help students stay on track

Student-Run Clubs

1. Neurodivergent-Specific and Mental Health Awareness Groups

Autism Support Group (ASG)

- TERP LINK:
<https://terplink.umd.edu/organization/autismsupportgroup>
- A network for students on or having characteristics that fall under the Autism Spectrum
- Connects students and provides a platform to discuss Autism-relevant experiences for students

Active Minds at Maryland

- TERP LINK: <https://terplink.umd.edu/organization/active-minds-at-maryland>
- UMD chapter of the national Active Minds Inc., aimed to promote mental health awareness and advocacy
- Open dialogues about mental health at meetings

DMAX Club at the University of Maryland

- TERP LINK: <https://terplink.umd.edu/organization/dmax-club-at-the-university-of-maryland>
- UMD Chapter of the DMAX Foundation, aimed at eliminating stigma surrounding mental health and encouraging conversations about mental health
- Creates trusting environment for students to speak on their personal mental health issues

Multi-Ethnic Mental Health Organization

- TERP LINK: <https://terplink.umd.edu/organization/memo>
- Platform for multi-ethnic students to speak on mental health and understand the importance of mental health
- Focused on decreasing mental health stigma in minority communities

2. LGBTQIA+ Groups

Pride Alliance

- TERP LINK: <https://terplink.umd.edu/organization/pride-alliance>
- Weekly social groups to educate on a variety of sexual/gender identities
- Aims to support/connect members of the LGBTQ+ community through outreach programs and personal student events

Out in Science, Technology, Engineering, and Mathematics (oSTEM)

- TERP LINK: <https://terplink.umd.edu/organization/umd-ostem>
- UMD chapter of the national oSTEM organization
- Focused on empowering LGBTQIA+ students interested in STEM careers
- Professional development events and safe spaces for socialization/discussion

3. Professional Development Orgs

Alliance for Diversity in Science and Engineering

- TERP LINK: <https://terplink.umd.edu/organization/alliance-for-diversity-in-science-and-engineering>
- Aims to support the participation of underrepresented groups (women, minorities, LGBTQ+, persons with disabilities) in academia/STEM fields/government

Iribe Initiative for Inclusion and Diversity in Computing

- TERP LINK:
<https://inclusion.cs.umd.edu/programs/#studentorgs>
- Supports participation of individuals in Computing across gender identities, races, disability status, ethnicity, etc...
- Includes tutoring, a peer mentor program, and conference scholarships

4. Recreational Orgs

Artsphere

- TERP LINK: <https://terplink.umd.edu/organization/artsphere>
- Supports student engagement in the arts, both recreationally and/or professionally
- Includes workshops, critique sessions, gallery visits, and more
- No prior experience in visual arts needed

Chess Club

- TERP LINK: <https://www.chess.com/club/university-of-maryland-chess-club>
- Regular meetings for members to play chess and compete

Yogi Terps

- TERP LINK: <https://terplink.umd.edu/organization/yogi-terps>
- Encourages practicing yoga and bringing awareness to its benefits on mental/physical health
- Meetings include free yoga, acro yoga, and meditation classes around the UMD campus